

## NEST (fl. 1120), a princess of Deheubarth

**Name:** Nest  
**Spouse:** Gerald de Windsor  
**Partner:** Owain ap Cadwgan  
**Partner:** Harri  
**Partner:** Stephen  
**Child:** Angharad de Barri (née de Windsor)  
**Child:** Henry  
**Child:** Robert Fitzstephen  
**Child:** William Fitzgerald  
**Child:** Maurice Fitzgerald  
**Child:** David Fitzgerald  
**Parent:** Gwladys ferch Rhiwallon ap Cynfyn  
**Parent:** Rhys ap Tewdwr  
**Gender:** Female  
**Occupation:** princess of Deheubarth  
**Area of activity:** Politics, Government and Political Movements; Royalty and Society  
**Author:** Thomas Jones Pierce

Daughter of **Rhys ap Tewdwr** by Gwladus, daughter of **Rhiwallon ap Cynfyn**. About 1100 she married Gerald of Pembroke; there were at least three sons of the union - William, **Maurice**, and **David Fitz-Gerald** - and a daughter, Angharad, wife of William of Manorbier and mother of **Giraldus Cambrensis**. Clearly a woman of great charm and beauty, she became the mistress of many lovers. Her romantic abduction (almost in her husband's presence) by her kinsman, **Owain ap Cadwgan**, in 1109, has earned her notoriety as the 'Helen of Wales.' Her numerous offspring included **Robert Fitz-Stephen** and Henry 'filius regis' - her child by king Henry I. The date of her death is unknown, but she lived until well after 1136. There were others of the same name less famous than the subject of this notice: Nest, daughter of **Gruffudd ap Llywelyn**, Nest, the wife of Bernard Newmarch, and Nest, daughter of **Gruffydd ap Rhys**.

### Author

**Professor Thomas Jones Pierce**, (1905 - 1964)

### Sources

J. E. Lloyd, *A History of Wales from the Earliest Times to the Edwardian Conquest*(London 1911), Vol. I

J. E. Lloyd, *A History of Wales from the Earliest Times to the Edwardian Conquest*(London 1911), Vol. II

*Oxford Dictionary of National Biography*

*Giraldi Cambrensis Opera* (1861&€"91)

### Further Reading

Wikipedia Article: [Nest ferch Rhys](#)

### Additional Links

Wikidata: [Q449000](#)

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